

# Arise Cares

2907 Clearwater Rd Ste 200  
St Cloud, MN 56301  
(320) 230-6348

# HCA Time and Activity Documentation

Start Date / / End Date / /

Review the completed timesheet for accuracy before signing. Your signature verifies the time and services entered are accurate and that the services were performed as specified in the Care Plan.

**Incorrect time sheets will be returned for correction and not paid on time.**

**Time sheet MUST be filled out in BLACK or BLUE PEN and NO WHITEOUT OR PENCIL!**

Shadowing Date: \_\_\_\_\_ Total hours: \_\_\_\_\_ (No more than 2 or as directed by your office coordinator; do not claim time below)

Week One- Do not include shadowing

Dates of Service	Sun		Mon		Tues		Wed		Thurs		Fri		Sat	
	/	/	/	/	/	/	/	/	/	/	/	/	/	/
If Shared care circle Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Time In	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P
Time Out	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P
Daily Total														
Vital Signs (circle) T P R B/P Wt.														
Bath (circle) bed / tub / shower / sponge														
Incontinent Care														
Dressing														
Grooming (circle) hair / oral care / dentures														
Skin Care														
Nail Care (circle) Toenails / Fngernails														
Elimination (circle) Toilet / Commode / Bed pan														
Catheter Care														
(circle) Med Remind / Assist														
(circle) Grocery Shopping Meal Plan / Meal Prep														
(circle) Assist Feed / Tube Feed														
Positioning														
Ambulation (circle) Walker / Cane / WC / Crutches														
Transfers (circle) Chair / Bed / Bath / Wheelchair														
Active/passive ROM Exercise Program														
Clean (circle) Bed / Bath / Kitchen														
(circle) Laundry / Ironing / Bedding														
Other														
Mileage														

Week Two- Do not include shadowing

Dates of Service	Sun		Mon		Tues		Wed		Thurs		Fri		Sat	
	/	/	/	/	/	/	/	/	/	/	/	/	/	/
If Shared care circle Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Time In	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P
Time Out	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P	A/P
Daily Total														
Vital Signs (circle) T P R B/P Wt.														
Bath (circle) bed / tub / shower / sponge														
Incontinent Care														
Dressing														
Grooming (circle) hair / oral care / dentures														
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Elimination (circle) Toilet / Commode / Bed pan														
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(circle) Med Remind / Assist														
(circle) Grocery Shopping Meal Plan / Meal Prep														
(circle) Assist Feed / Tube Feed														
Positioning														
Ambulation (circle) Walker / Cane / WC / Crutches														
Transfers (circle) Chair / Bed / Bath / Wheelchair														
Active/passive ROM Exercise Program														
Clean (circle) Bed / Bath / Kitchen														
(circle) Laundry / Ironing / Bedding														
Other														
Mileage														

Total time rounded to quarter hours (15 min = .25 etc) Do not include shadowing

Total Week 1

Total Week 2

Timesheet Total 1:1

Timesheet total 1:2 Shared

Print Client Name

Sign  Client Name

Print HCA Name

Sign HCA Name